



## CURRICULUM –VITAE

**Name :** Dr. Mona Srivastava

**Address :** 36/2 HIG,Kabir Nagar,Durgakund

**Marital Status :** Married

**DOB :** 14-Feb

**Designation :** Professor  
Department of Psychiatry  
Institute Of Medical Sciences  
Banaras Hindu University

**Education :** MBBS - BRD medical college at Gorakhpur.  
MD-NIMHANS (Deemed University), Bangalore.

**Work Experience :** Senior Resident-Department of Psychiatry (3Years)  
Assistant Professor - AIIMS, New-Delhi (4 months).  
Assistant Professor -IMS,BHU (Nov'2006-Feb'2011)  
Assistant Professor(stage II)-IMS,BHU  
(Feb'2011Feb'2014)  
Associate Professor (Feb'2014-Feb'2017)  
Professor (Feb'2017) continuing

**Area of Interest :** Child Psychiatry, Mood Disorders, Genetic basis of  
Psychiatric Disorders

**Distinctions &Awards :** Gold Medals during MBBS (Nine)  
Best Paper Award-Zonal Pharmacology conference  
Best Seminar in Physiology  
Runners up trophy in Anatomy seminar

**Publications :** 81  
8 Chapters in books  
45 Abstracts  
: Miscellaneous (Book Review-2 in indexed Journal; Article  
in Newsletter1)

**Presentations :** 58 (National,International,Local and Invited)

**Courses Attended :** 4 (OrientationRefresher,DSTPURSE,NACO,SPSS,NTTC)

**Duties :** Joint OrganisingSecretary,Souvenir Editor and committee  
member,EC memberof CZ IPS,Editorial board member of  
Science Alert journals,Reviewer of  
Medknowjournals.Editorial board Journal of addictive  
behaviors

**Membership** : Life member of all psychiatry association  
**Supervisor** : PhD -8 MD-18  
**Others** : Mass media and awareness propagation  
**Strengths** : Compatibility;Sincerity;Keen learner;Innovativeness;Communication skills.

## I PUBLICATIONS

1. Abhinav Pandey, Achyut.K.Pandey, Malvika Pandey,**Mona Srivastava**. REM in clomipramine.JCDR.2020 .( in Press)
2. Avadhesh Kumar, Manushi Srivastava, **Mona Srivastava**, Rakesh Kumar Saroj and Saugarav Kumar. A Cost-Effective Method for Assessment of Psychological Wellbeing of University Students.Delhi psychiatry Journal.2020( in press).
3. Pradeep Kumar Yadav, Nitesh Kumar Singh and **Mona Srivastava**. Medical Needs of Different Age Groups of Substance Dependent Subjects: A Cross-sectional Study. Journal of health science research. 5(2), 2020, 24-29.
4. Bhushankumar Bhagwan Kinge, Shobhit Jain, Sharad Kumar Mathur,**Mona Srivastava**. Postoperative Cognitive Dysfunction After General and Regional Anesthesia: A Prospective Randomized Controlled Trial. RFP Indian Journal of Medical Psychiatry. 2020; 3(1):21-27.
5. Maggu G,Kumar P,VermaV, **Srivastava M**. Baclofen for reduction of craving, anxiety depression in alcohol dependence syndrome: A preliminary investigation. International education research journal.2020;6(3): 27-9.
6. Yadav Jyoti, Singh Nitesh, **Srivastava Mona**. Pattern of substance abuse in walk-in-deaddiction clinic: a study from a multi disciplinary set up.International journal of current medical and applied sciences.2020;26(2):11-6.
7. Kumar Saurav,**Srivastava Mona**,Srivastava Manushi,Prakash Shiv, Kumar Awadhesh. Effectiveness of behaviour couples therapy to enrich the marital adjustment in wives of alcohol dependent spouses. International journal of contemporary medicine.2019;7(2):1-6.
8. Ved Prakash Sharma, Sunil Choudhary, **Mona Srivastava**, T. B Singh, Ravi Shankar. Prevalence of Depression, Anxiety and Stress among Cancer and Chronic Kidney Disease Patients. International Journal of Health Sciences and Research. 2019;9(4):1-6.
9. Malvika Pandey , Arun Kuruppath , Ashish Kumar Gupta , Amit Shahi , Pradeep Yadav, **Mona Srivastava**. Case series and review of literature in cutaneous complications of parenteral drug abuse. International Journal of Basic and Applied Medical Sciences. 2019 ;9(1): 24-29
10. Divya Munishwar Sahu, Abhinav Pandey, **Mona Srivastava**, Rani Singh. Assessment of dreams in context to health and disease: Traditional Indian understanding. International journal of yoga philosophy,psychology and parapsychology.2019;7:10-6.
11. Vedprakash Sharma, **Mona Srivastava**, Sunil Chudhary ,Shikha Singh, Shiv prakash, Ravi Shankar. Across sectional study on the prevalence of Depression, Anxiety and Stress among Cancer patients. Ayan : An International Multidisciplinary Refereed Research Journal.2018;6(4): 335-342.

12. Shailendra K Mishra, **Mona Srivastava**. Sexual dysfunction in substance abuse and dependence : A cross sectional study. ASEAN J of Psychiatry.2018;19(2):2231
13. DivyaRani,SinghJK,**SrivastavaMona**,VermaPragya,SrivastavaD,SinghSP.Assessment of nutritional status of adolescent girls in urban slums of Varanasi. International journal of current research and review.2018;10(20):6-10.
14. **SrivastavaM**, JainS, PatelA. Sustance use among outdoor treatment seeking patients with mental illness: A case control study from a tertiary care hospital in Northern India. Journal of education and health promotion.2018;7:75.
15. Mishra SK,**SrivastavaM**,TiwaryNK, KumarA. Prevalence of depression and anxiety among children of rural and suburban areas of eastern Uttar Pradesh: A crossectional study. Journal of family medicine and primary care.2018;7:21-6.
16. P Vashistha, K Zahra, A Kumar, T Kumar, **M Srivastava**, S P Mishra. Is there a Correlation between Micronutrients and Cognitive Status: An Exploratory Study of Senile Dementia of Alzheimer's Type? Journal of Clinical and Diagnostic Research. 2018 Apr, Vol-12(4): BC01-BC04.
17. Srivastava S, Agarwal V, Subramanyam A, **Srivastava M**, Rao TS, Rao GP, et al. A pilot study of MD (psychiatry) theses-based research. Indian J Psychiatry2018;60:127-30.
18. Kumar S, **SrivastavaM**, SrivastavaM, PrakashS, KumarA. Resilience among alcohol abusing subjects: A case control study. Journal of institute of medical sciences. 2018;1(1):23-7.
19. **Srivastava M** ,Yadav P,. Is there a protective model against suicide? Annals of Indian Psychiatry.2018;2:101-8.
20. **SrivastavaM**, Singh A, Mishra SP,Vashishtha P. Presentation of metabolic syndrome in obsessive compulsive disorder: A crossectional study. International journal of basic and applied research.2018;8(3):167-79.
21. **Mona Srivastava**,PradeepYadav, Tej Bali Singh. Life events, Social support, coping strategies in attempted suicide: A case-control study. International Journal of psychology and psychiatry.2017;5(1):41-53.
22. **Mona Srivastava**, NasraShareef.Varied presentation of Delusion of Parasitosis (DOP): A case series study. Indian J of experimental and clinical dermatology.2017;3(4):197-202.
23. AwadheshKumar,ManushiSrivastava, **Mona Srivastava**, Rakesh Kumar Saroj.A study of prevalence and psychosocial determinants of deliberate self-harm among students. Research highlights.2017;IV(3):136-43.
24. AwadheshKumar,ManushiSrivastava, **Mona Srivastava** .A situational analysis of tendency of deliberate self-harm among students.Indian J of preventive and social medicine. 2017;48(1-2):90-7.
25. PoojaVashishtha,**SrivastavaMona**,AshokSingh,Mishra S P, Tapan Kumar, Rakesh C Chaurasia, Ratnapandey. Correlative Study of Folic Acid and Vitamin B12 Levels on Senile Dementia of Alzheimers Type.Research Journal of Pharmaceutical, Biological and Chemical Sciences.2017;8(3):389-93.
26. Massimo Zollo,MustafaAhmed,VeronicaFerrucci,Salpietro,FatemehAsadzadeh.... **Srivastava Mona.....et.al**. Prune is crucial for normal brain development and mutated in microcephaly with neurodevelopmental impairment.Brain.2017;1-13.
27. Chaudhary J, Singh R, Shamal SN, Supriya K, **Srivastava Mona**, More R S.Ameliorative effect of tocopheryl acetate in lungs of cigarette smoke exposed swiss albino rats. International journal of therapeutic applications.2017;34:11-16.

28. VermaAkhilesh,BajpaiAshutosh,KeshariAK,**SrivastavaMona**,Srivastava S, SrivastavaR. Association of major depression with serum prolidase activity and oxidative stress. British journal of medicine and medical research.2017;20(4):1-8.
29. **Srivastava Mona**. Parental pentazocine abuse leading to muscle abnormality: A case report. Indian journal of case reports.2017;3(1):1-3.
30. **Srivastava Mona**,SharanMadhu. Dyke- Davidson Masson Syndrome (DDMS): A case report. Indian journal of medical case reports.2016;5(4):23-6.
31. Chaudhary J, Singh R, Shamal SN, Supriya K, **Srivastava Mona**, More R S. Effect of tocopheryl acetate on maternal cigarette smoke exposed swiss albino mice inbred fetus. Journal of clinical diagnostic research 2016;10(10):1-5.
32. S Kumar, **M Srivastava**, A Kumar, A Gupta .Motivational Interviewing Tool for Health Recovery. International Journal of Indian Psychology.2016;4(1)69:49-55.
33. GiriOP, **SrivastavaM**, Shankar R.A comparative study of quality of life, social support and dysfunction in alcohol dependent men attending a de addiction clinic in India. Journal of psychosocial rehabilitation and mental health. 2016. DOI 10.1007/s40737-016-0065-6
34. YadavS, SrivastavaM, KumarA, **Srivastava Mona**.A study of child labourers and their knowledge regarding child abuse.International research journal of human resources and social sciences (IRJHRSS).2016;3(5):9-18.
35. Seth N,Singh T B,**Srivastava Mona**. Scale of perceived social support for elderly. The international journal of Indian psychology.2016;3(3):1-9.
36. **Mona Srivastava**,MishraSP,GavelR,NairA.Insulin resistance factor in subjects suffering from depressive disorder.JCurr Res Sci Med 2016;2:14-9.
37. **Mona Srivastava**. MondalKrishnendu Delusion of parasitosis (DOP) in a young boy : A case report.Indian J of medical case reports .2016;5(2):5-6.
38. **Mona Srivastava**.Conversion disorder presenting as camptocormia in a young girl : A case report. Indian J of Neurosciences 2016;2(2):28-9
39. **Mona Srivastava**,NasraShareef. Plight of street children: An exploratory study from Varanasi. Ind J of public health. 2016; 60:290-3.
40. Pasipanodya ETTM, Arya YK, Singh T,Pasipanodya SKM, **Srivastava Mona** Autobiographical memory characteristics and emotion regulation strategy in depression.Indian J of health and wellbeing.2015;6(12);1189-93.
41. **Mona S**, Abbas M, Ashok P. Factors related to female substance abuse: A hospital based study from a tertiary care de-addiction center in India. TJP 2015; 1(1): 49-52.
42. ChatterjeeI,**SrivastavaMona**,Chatterjee S. comparitvee analysis of cognition and language in autism, mental retardation and co- morbid autism with mental retardation. International journal of school and cognitive psychology 2015, S2:012 .
43. PandeyU,**SrivastavaMona**.Incidence of gynaecological complaints in women with psychosomatic disorders (Anxiety and depression).International journal of contemporary medical research.2015;2(5):1180-82.

44. Kumar A, Srivastava M, **Srivastava Mona**, Yadav S. A study of socioeconomic determinants and working conditions of child labourers in Uttar Pradesh. *International journal of research in social sciences*. 2015;5(4):238-46.
45. **Mona Srivastava**, Ritu Srivastava, Balram Pandit. Presentation of menopausal symptoms: A village based community study. *Asian journal of medical sciences*. 2015;6(1):87-90.
46. Bajpai A, Verma AK, **Srivastava M**, Srivastava R. Oxidative stress and major depression. *Journal of clinical and diagnostic research*. 2014;8(12):4-7
47. Ranjana Tiwari, Daya Ram, **Mona Srivastava**. Temperament and character in OCD: A pre and post intervention analysis. *International journal of school and cognitive psychology*. 2014;1(2):2-9
48. Giri OP, **Srivastava Mona**, Shankar R. Quality of life and health of opioid dependent subjects in India. *Journal of neurosciences in rural practice*. 2014;5(4):363-8.
49. **Mona Srivastava**, Amit Sahi, Abbas Mehdi. Varied Neuro psychiatric manifestations of Farh's Disease (FD): A report of two cases. *Medical sciences*. 2014;2(3):121-5.
50. Manushirivastav, Ratan K srivastav, Shalini Yadav, **Mona Srivastava**. Insight about hypertension :How people value it ? *Journal of medical sciences in clinical research*. 2014;2(9):2156-64.
51. **Mona Srivastava**, Gyan Prakash Singh. Use of ramelton in Alzheimer's dementia (AD): An open label preliminary study. *American Journal of advances in medical sciences*. 2014;2(2):24-33.
52. Giri OP, Shankar R, **Srivastava Mona** Assessment of social functioning in substance abuse patients Indian *Journal of preventive and social medicine*. 2014;45(3-4):126-32.
53. Pathak Abhishek, **Mona Srivastava** Mania after left cerebral infarction :A case report *ASEAN journal of Psychiatry* 2014;15(2):209-12.
54. Arun .K; **Monasrivastava** Prevalence and correlates of suicidal ideation and attempts in patients with bipolar disorder :A retrospective study *Journal of Behavioral Health* 2013;2(4):357-361.
55. Giri OP, **Monasrivastava**, Shankar R Quality of life and its correlates among substance dependent subjects: A study from a tertiary care centre in north eastern part of India *International Journal of Medicine and Medical science* 2013;3(6):464-69.
56. Nasra Shareef, **Mona Srivastava**, Ranjana Tiwari Quality of life and burden of care in alcohol and opioid abusing subjects *International Journal of Medical Sciences and Public Health* 2013;2(4):854-58.
57. **Mona Srivastava**, Diya Madjvi Raghoo Mindlessness in psychology *Indian Journal of Positive Psychology* 2013;4(1):122-26.
58. Balram Pandit, **Mona Srivastava** Koro; A case report and review *International Journal of Physiology* 2013;1(1):37-40.
59. Ashish Nair, **Mona Srivastava** Prescription errors in psychiatry *Internet Journal of Medical Update* 2013;8(2):70-8.

60. SomsubhraChatterjee,**MonaSrivastava** Parenting and its implications to mental health  
Dysphrenia 2013;4(1):12-20.
61. **Mona Srivastava**,Anuradha Assessment of domestic violence and its mental health  
Consequences in women: A cross sectional household survey from the slums of Varanasi.  
Indian Journal of Social Sciences Research 2012;9(2):58-63.
62. **Mona srivastava** and AshishNair Spreading tentacles of solvent abuse:A case series  
study National Medical Journal of research 2012;2(3):395-98.
63. Bhaskar Mara and **Mona Srivastava**Gunas:Sattva,Rajas,Tamas& their relevance to self  
Praman Research Journal 2012,1(4):301-10.
64. **Mona Srivastava**, ,RanjanaTiwari A comparative study of attitudes of mental health and  
non mental health professionals towards a patient of suicide Indian Journal of  
Psychological Medicine 2012;34(1):66-9.
65. Anuradha,**MonaSrivastava**,ManushiSrivastava A comparative study of stressors in male  
and female patients of conversion disorder Indian Journal of Preventive and Social  
Medicine 2011;42(3):231-36.
66. **Mona Srivastava** Use of Amantadine in the treatment of Catatonia: A case report Delhi  
Psychiatry Bulletin April 2011;14(1):153-4
67. SomsubhraC,**MonaSrivastava**,A.S.Srivastava,ArvindSrivastava Structural changes in  
insular cotex in alcohol dependence:Acrosssectional study Iranian Journal of Psychiatry  
2011;6:133-7.
68. **Mona srivastava**,GaneshShankar,M.N.Tripathi Pediatric Autoimmune Neuro psychiatric  
Disorder due to streptococcal infection (PANDAS) : A case report Journal of Clinical  
Diagnosis and Research 2011,5(6):1298-1300.
69. **Mona Srivastava**ManhevamParibhasha(Hindi) Vigyan Ganga 2011;1(2):99-102.
70. SomsubhraC,**MonaSrivastava**,A.S.Srivastava,ArvindSrivastava Intracranial changes in  
alcohol dependence:Acrosssectional study Journal of Medical Sciences and Research  
2011;2(1):11-6.
71. **Mona Srivastava** Personality changes in old age: A short review Indian Journal of  
Psychosocial Sciences 2011;1(1):22-4.
72. **Mona Srivastava**,AbhishekPathakNarcoanalysis - A review Indian Journal of Forensic  
Medicine and Toxicology 2011,5(2):54-7.
73. **Mona Srivastava**, RanjanaTiwari Assessment of attitudes of Clinicians regarding Para  
suicide Indian Journal of Public Health Research and Development 2011,2(1):48-51.
74. **Mona Srivastava**,PreetiParakh,ManushiSrivastava Predictors and Prevalence of Nicotine  
abuse in Females : A village based community study.Industrial Journal of Psychiatry  
2010;19(2):125-9.
75. Somsubhra C, **Mona Srivastava**, O.P. Singh Pediatric Mania : Two case reports  
ASEAN Journal of Psychiatry 2010;11(2):220-23.
76. Somsubhra C, **Mona Srivastava**Pharmacological treatment of Early onset schizophrenia  
(EOS) – A review Trends in Medical Research 2010; 5 (2):31-38.



1.	Mindlessnes. Pg 516-26	Positive psychology in the light of Indian traditions,IAH RW publication,2014	978-81-920053-9-3	yes	none	first	10
2.	Fragile X syndrome: Recent advances and review of therapeutic strategies. Pg 54-61	Lab manual & hand book on recent trends in cytogenetics. KBD printers Varanasi, 2014	81-902711-1-3	no	none	first	10
3.	Gender & mental health: cause and effect.pg158-172	Parivartan ek paridrishya.Ka la prakashan , Varanasi,2016	978-93-85309-85-4	no	none	first	10
4.	Hospital management training in India. Pg20-26	Hospital management :An overview, 2016	978-93-83583-42-3	no	one	first	10
5.	Role of social media in health care. Pg97-106	Hospital management :An overview, 2016	978-93-83583-42-3	no	two	3 <sup>rd</sup> co-author	5
6.	Development of telemedicine in India:	Hospital management :An	978-93-83583-42-3	no	two	3 <sup>rd</sup> co-author	5



	(Ed Chaddha et al						
12	Mental health issues during COVID 19 Pandemic	Walnut publications, New Delhi	yes		Single	Author	

### III Miscellaneous

1. Book review in Journal of Indian association of child and adolescent mental health.
2. Dietary practices and hypertension. Article in newsletter.
3. Souvenir articles
4. Article in Institute magazine in 2016 Internet addiction: A new malady
5. Article in 69<sup>th</sup> ANCIPS'17 newsletter :Diagnostic characteristics of pentazocine induced ulcers
6. Article in Institute magazine in 2017 Forensic Psychiatry: The road ahead
7. Article in Institute magazine 2018. Humor in Psychiatry: Time to unwind.
8. Happiness factor in the coffee book :The happy medico. Published by Daksh

### IV Invited Talks/Lectures/Awareness programmes

S.No.	Lecturers given / talks	Forum in which given
1.	AIR – Talk on immunization 1991	All India Radio
2.	Epilepsy – types and characters 2000	Integrated institute of disabled
3.	Autism – 2000	Integrated institute of disabled
4.	Importance of the child health including mental health on learning – 2001	Workshop on “Diagnosis and management of learning and behavioural problems of school going

		children
5.	Mental health of working women 2002	Talk at Jaycee club
6.	Problems of children and Adolescents 2003	Talk at Inner Wheel Club
7.	Problems related to learning - 2003	St. John's School
8.	Talk on Mental Health of Old people - 2004	Door – Darshan
9.	Conducted a talk and quiz at Gyanvani – 2008	Gyanvani IGNOU
10.	Counseling of street children - 2009	SATHI-NGO working with street children
11.	De-addiction strategies – 2005	Rotary Club invited for talk
12.	Depression – An understanding Feb. 2010	Gargi Girls Hostel, BHU.
13.	Examination Anxiety March - 2010	Gyanvani – IGNOU
14.	Psychiatric problems related to cancer patients – Apr. 2010	Cancer Hospital Lahartara
15.	Mental Health –An Understanding-2011	Talk in Den Kashi TV channel '11
16.	Awareness of Tobacco harm ,May 2011	NCC camp May'11
16.	An understanding of signs and symptoms in Depression 2011 May	Gargi girls hostel, BHU
17.	Managing Insomnia 2012	Railway Hospital
18.	Hidden and Misunderstood aspects of Depression –May 2012	Gargi girls hostel
19.	'Swalinta-Ek Jankari (in Hindi)-May 2012	Nai Subah NGO
20.	'Mansikrog-Ek Samajh (Hindi)-Apr 2012	FM radio
21.	Common symptoms in general practice Dec'12	DLW hospital RAPICON'12
22.	CME on Anxiety update, Feb'2013	General Physician forum

23.	Paper on female de addiction	CIPCON Sep'2013
24.	Invited presentation at API meet-Newer advances in depression	APICON Nov'2013 at hotel Clarks
25.	Free paper in the IHMCON(International hospital management conference)-Mental health issues in hospital management	Dec'2013 at IMS,BHU
26.	Psychological issues in HIV subjects	Invited lecture for M.O training at ART centre Jan'2014
27.	Triple diagnosis :A preliminary investigation	ANCIPS (Pune)- Jan'2014
28.	Awareness regarding depression	Invited talk at Triveni hostel Jan'2014
29.	Psychodynamic psychotherapy	Invited talk at the workshop on psychotherapy held by social sciences college Feb'2014
30.	A brief outline on psychopharmacology	Invited talk at the workshop on psychotherapy held by social sciences collegeJan'2015
31	DAV college	Child psychiatry an update 2015
32.	UGC academic college	Gender and mental health 2016
33.	Neuro update	Conversion disorder :An update Neuro CME 2016
34.	Triveni hostel	Depression an understanding Apr 2016
35.	New doctors hostel	Gender sensitization :An introduction July 2016
36	AIR July 2017	Gender equality and present

		scenario
37	AIR Dec 2017	Common mental health problems and solutions
38	APICON specialty section Sep 2017	Chronic pain and psychiatric morbidity
39	MBBS orientation program 2017	Managing stress
40	Confluence Feb 2018 HindalcoRenukoot	Stress in medical illness: Cause and effect
41	Women's day at KIRAN NGO March'2018	Women's health issues
42	CEPRE workshop, Deptt. Of community medicine 27 <sup>th</sup> March 2018	Substance abuse in youths & adolescents
43.	Arya Kanya College for women,Sept'2018	Preventing suicide :working together
44.	MBBS orientation program 2018	Managing stress
45	Academic staff college 'orientation course in women's studies'	Work life balance Dec'2018
46	Awareness regarding substance abuse in adolescents	KV,BHU Feb'2019
47	Awareness on Autism	Faculty of education, BHU.Apr'2019
48	Management of legal, ethical and psychosocial issues in disaster	Training of district health officers in public health emergency, under training course for public health emergencies,Deptt. of PSM 27/2/2020
49.	Managing stress in women	One day national webnair under MMV,BHU and UGC titled" <b>कोविड 19: महिला</b>

		स्वास्थ्य "ON 22 JUNE 2020.
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### CONFERENCES ATTENDED SYMPOSIUM, SEMINARS, CME, WORKSHOPS

S.No.	Conference & Presentation	Year	Remarks
1.	Zonal inter-medical college symposium on "Drug Abuse - An awareness"- Aligarh	Aug. 1987 (1 <sup>st</sup> Prof.)	1 <sup>st</sup> Prize
2.	National Conf. on learning disability – Chennai	Nov. 1994	Paper in free paper
3.	I.P.S. Southern Zonal Conf. Dharwad	Sept. 1994	Paper in Free paper
4.	National Mid-term CME "Stress and Stress related disorders" Varanasi	July 1998	Chair person
5.	Inter national CME on Child - ADDLESCENT Psychiatry – I, II & III –Varanasi.	2000 2003 2005	Chair person, Co-chairperson & Presented a paper
6.	National Seminar on Psychological well – being – Varanasi.	March 2002	Presented a paper
7.	Symposium on headache – Varanasi.	2004	Co-chair person of session
8.	CIPCON – 2005 – Varanasi.	2005	Editor of souvenir
9.	IAGMH conference – Jaipur	2007 Dec.	Invited speaker in ssymposium

10.	The Asian and Oceanian Section CME	March 2008	Participant
11.	4 <sup>th</sup> Asia Oceania Conf On photobiology	Dec. 2008	Co-author of paper
12.	61 <sup>st</sup> Annual National Conf. of IPS	Jan. 2009	Co-chairperson
13.	Consultation – Liaison psychiatry – Symposia Varanasi.	July 2009	Invited speaker on childhood depression
14.	National CME on Geriatric Psychiatry – Varanasi	Sept. 2009	Jt. Org. Sec.
15.	National CME on women's mental Health Varanasi.	Dec. 2009	Discussant and Jt. Org. Sec.
16.	62 <sup>nd</sup> ANCIPS - JAIPUR	Jan 2010	Papers presented
17.	National Congress of Aging	Nov. 2010	Participant
18.	International Conference on Advances in Yoga	Nov. 2010	Chairperson & Presenter
19.	63 <sup>rd</sup> ANCIPS-New Delhi	Jan. 2011	Papers presented
20.	CIPCON-2011	Sep.2011	Attended
21.	IASP conf. 2011	Nov.2011	One of the co-ordinators in the work shop on 'Marriage & mental illness'
22..	64 <sup>th</sup> ANCIPS-Kochi	Jan.2012	Author of presented free paper
23.	CIPCON'12 Agra	Sep'12	Author of presented paper in free paper and award paper
24..	IASP '12 Chandigarh	Nov '12	Presented award paper (Balint)
25.	ANCIPS'13	Jan'13	Presented free paper

			& co-authored two free paper
26	AIBCON'13	Sept'13	Co authored a paper presented in the conference (free Paper)
27.	CIPCON	Sep'2013	Free paper in 2013
28.	IHMCON	Dec'2013	Free paper and chairperson in the international conference Dec'2013
29.	APICON-CME	Nov'2013	Invited lecture
30	ANCIPS Pune	Jan'2014	Free paper
31.	Mind body workshop and CME	Apr'14,Varanasi	Chairperson of session 1
32.	Co-chairperson free paper session in RTCG-2014	Nov'2014	RTCG- 2014,IMS ,BHU
33.	ABPCON –New Delhi	Oct'2014	Co authored a paper presented in the conference (free Paper)
34.	IASP-Mysore	Nov'2014	Co authored a paper presented in the conference (free Paper)
35.	ANCIPS 2015	Jan'2015	Co authored a paper presented in the conference (Murugappan award)
36.	CIPCON 2015	Sept'2015	Co authored a paper presented in the

			conference for award
37.	Ancips 2016 Bhopal	Jan 2016	Co authored a paper presented as free paper
38.	CIPCON 2016 Indore	Oct' 2016	Co authored a paper presented as free paper
39.	ANCIPS ,Raipur	Jan'2017	Free paper ,Published in the news letter of ANCIPS
40.	GERON , Chandigarh 2017	Sep'2017	Co authored a paper presented as free paper
41	CIPCON , Kanpur' 2017	August 2017	Co authored a paper presented as free paper
42.	CME on OCD an Update, Bengaluru, 2017	Nov '2017	Co authored a paper presented as free paper
43.	ANCIPS 2018 Ranchi	Feb'2018	Two free papers
44.	CIPCON 2018 Jabalpur	Sept'2018	Coauthored a paper presented as free paper

45	CIPCON 2019 Agra	Sept'2019	Coauthored a paper presented as free paper
46	ANCIPS 2019 in Lucknow	Jan'2019	Coauthored a paper presented as free paper
47.	ANCIPS 2020, Kolkata	Feb' '2020	Coauthored 2 papers presented as free paper

### AWARDS AND PRIZES

S.No.	Event / Name of award	Year	
1.	Pre senior UN information test conducted by limited schools organization.	Dec. 1979 6 <sup>th</sup> std.	Certificate of excellence
2.	Inter house senior Debate in Hindi	Sept. 1982 10 <sup>th</sup> std.	1 <sup>st</sup> Prize
3.	Anatomical society seminar	1987	3 <sup>rd</sup> prize
4.	Physiology society seminar	1985 – 86	1 <sup>st</sup> prize
5.	Zonal conference on “Drug abuse – an awareness” held at Aligarh	1987	1 <sup>st</sup> prize of best speaker

6.	IAP pediatric quiz	1989	1 <sup>st</sup> prize
7.	Gold medal for highest aggregate of marks in 1 <sup>st</sup> professional	1987	1 <sup>st</sup> prize
8.	Maya Prasad Satyawati Gold medal for highest aggregate of marks in PSM and medicine	1989	1 <sup>st</sup> prize
9.	Smt. Ram DulariVarma Gold Medal for Highest Marks in Surgery	1990	1 <sup>st</sup> prize
10.	Satya Narayan Agarwal Gold Medal for Highest Marks in Medicine	1990	1 <sup>st</sup> prize
11.	Harakh Chand Hain Memorial Gold Medal for Highest marks in MBBS	1990	1 <sup>st</sup> Prize
12.	Best outgoing female student Gold Medal	1990	1 <sup>st</sup> prize
13.	Best outgoing student in MBBS	1990	1 <sup>st</sup> prize
14.	1 <sup>st</sup> prize in debate ,literary event at annual function 2016 IMS,BHU	2016	1 <sup>st</sup> prize

### Projects

Diagnostic Evaluation of developmental delay :a multidisciplinary approach. (Co-p-PI)	UP-CST	36 months	5 lakh	2013 to 2016
CoE in mental health 33 crore started in 2017 ongoing 33 crore funded by MoHFW,GoI				

Reviewer in science alert journals, journalonweb, i med publications

Member of gender harassment committee of IMS, BHU '16

Editor of journal of addictive behaviors '16

Gender and mental health (resource person) in UGC academic college in refresher course on women studies '16

School mental health and stress management (resource person) in National teachers orientation held at KV, BHU '15

Anxiety busters during World mental health Day in Radio Mirchi workshop on Excel and SPSS, held at DST & CIMS, BHU

10 days

76<sup>th</sup> Professional course for teachers of medical professionals held at JIPMER, Puducherry for 7 days

Basic course workshop in medical education technologies10-12 Nov'2016 MEU,IMS,BHU	
RT-PCR 6 <sup>th</sup> Jan'16 Cytogenetic lab,Deptt. Of Anatomy,IMS,BHU	
Member of tobacco control board of BHU	

MD and PhD supervised as guide and co guide

III (D) (i) M.Phil./M.Tech./M.Pharm./MD/MS/MDS/DNB/LLM/DM /M.Ch.or equivalent	12	3  3 ongoing	6	6x3=18
III (D) (i) Ph.D.	10	4  6 ongoing	3	3x10=30  1x7=7 total 37

National bodies

1. Convener of NGO IPS body 2014
- 2.Co chair of Committee on consultation liaison psychiatry 2015-2016
3. Direct representative of the central zone in IAGMH 2017-18
4. Co convener of task force on liaison psychiatry 2018
5. Executive council memeber of central zone of IPS 2020
6. Representative of CZ-IPS

**H index 10**

**i index 10**