

Curriculum Vitae

Dr. Preeti Chouhan

M.S. (Ayu), BAMS (Gold Medalist),
DYS, CCYP

Contact Information:

Mobile No:

9413636378,
9829663749 (R)

Email:

drpchouhan1990@gmail.com

Permanent Address:

D/o Mr. Man Manohar Singh
Chouhan
H.N.24, Anmol Nagar, Kataria
Colony, Ganesh Pura Road,
Beawar, Ajmer, Rajasthan,
Pin-305901

Personal Data:

Date of Birth: 9th June 1990

Blood group : A +ve

Gender : Female

Marital Status : Unmarried

Nationality : Indian

Reg. No: 26536 (Board of
Indian Medicine Rajasthan)

Languages Known:

English, Hindi, Sanskrit.

PROFESSIONAL QUALIFICATION

- M.S. in Stree Rog and Prasuti Tantra
- Bachelor of Ayurvedic Medicine and Surgery (B.A.M.S.)
- Diploma in Yoga Science (D.Y.S.)
- Certificate course in Yoga Practices (CCYP)

| Qualification | COLLEGE / INSTITUTE | Year of Passing |
|---------------|---|-----------------|
| M.S.(AYU) | Institute of Medical Science, BHU, Varanasi, (U.P.) | Oct. 2018 |
| B.A.M.S. | S.B.L.D Ayurved Viswabharti Sardarshahar, Churu (Rajasthan) | July. 2015 |
| DYS | Institute of Medical Science, BHU, Varanasi, (UP) | July. 2018 |
| CYP | Institute of Medical Science, BHU, Varanasi (UP) | April. 2017 |

ACADEMIC ACHIEVMENTS

1. Secured 2nd Place in 1st professional year of B.A.M.S.
2. Secured 2nd Place in 2nd professional year of B.A.M.S.
3. Secured 1st Place in 3rd professional year of B.A.M.S.
4. Won “Jeevaka” award by Himalaya company in year 2014 for first rank in 3rd professional year of B.A.M.S
5. Secured 1st Place in University in BAMS with **Gold medal by Chancellor** in Dr. S. R. Rajasthan Ayurved University Jodhpur.
6. Won “Gaurav Award” by ‘Gunvati Kundanlal Pallavi Jain Punyarth Pranyasa, Bharatpur’ in year 2015 for Secured 1st Place in University in BAMS.

PERSONAL ACHIEVEMENTS:

1. Secured 1st Rank in All India MD Entrance Examination in Jamnagar at Gujarat.
2. Secured 1st Rank in All India MD Entrance Examination, Uttarakhand.
3. Secured 6st Rank in All India MD Entrance Examination, IMS BHU.

Significant achievements

- Emergency life support course organized by IMS BHU on April 2018.
- Have sufficient exposure by experience of working in Various Health Camps organized by Dept. of Stree Rog and Prasuti Tantra during Post Graduation.
- Performed more than 80 normal deliveries.
- Performed more than 125 caesarian deliveries as 1st Assistant.

DISSERTATION TOPIC IN MS:

“Effect of Sukhprasavkar Lapa, Anuvasan (Matra) Basti & Pichu on Labour”

CARREER OBJECTIVE

My career objective is to provide best of my understanding of complete knowledge, and basic concepts in Stree Rog and Prasuti Tantra with clinical applicability to my students to enhance their knowledge of Stree Rog and Prasuti Tantra and help them be a successful Ayurved Practitioners as well as Ayurved Teachers. I am passionate to provide the benefits of the knowledge I've gained of Modern Obstetrics and Gynecology to the Students.

COMPUTER KNOWLDGE:

Having knowledge of MS word, Internet and other computer basics.

PUBLICATIONS:

1. Book:

Book published in 2018 entitled “Traditional Dietary Pattern of Indian Food & it's Scientific Basis”

ISBN: 978-3-659-68998-7

Publication – Lambert Academic Publication

2. Articles-

| S.N. | Journal / Publication Type | Name of Journal / Publication | ISSN / eISSN / ISBN / Ref. No. | Title of Published Work | Vol. & No. | Date of Publication |
|------|----------------------------|--|--------------------------------|---|--------------------|---------------------|
| 1. | Peer-Reviewed | International Journal of Ayurveda and Pharmaceutical Chemistry | 2350-0204 | Fundamental Tenets of Nipah Virus Infection in Ayurveda and its management :A multidisciplinary Investigation | Vol- 10, issue 2 | 10-03-2019 |
| 2. | Peer-Reviewed | World Journal of Pharmaceutical Research | 2277– 7105 | DIET AND LIFESTYLE MODIFICATION OF WINTER SEASON (HEMANTA AND SHISHIR RITU): AYURVEDIC AND MODERN PERSPECTIVE | Volume 8, Issue 9, | 21-07-2019 |
| 3. | UGC Listed Journal | International Journal of Recent Scientific Research | 0976- 8081 | Madanaphala (Randia dumetorium): A Pharmacological and Pharmacognostical Review | Vol 10, Issue 04 | 28-04-2019 |
| 4. | UGC Listed Journal | EUROPEAN JOURNAL OF BIOMEDICAL AND PHARMACEUTICAL SCIENCES | 2349-8870 | Review on various medical plants for the preparation of ksharsutra: A pharmacological appraisal and its advantages over traditional Ark-Snuhi- Apamarga- Ksharsutra | Vol 5 issue 4 | 20-03-2018 |
| 5. | UGC Listed Journal | Journal of Ayurveda, NIA | 2321-0435 | Evaluation of The Effect Of Pathya Ahar and Vihar On Gestational Diabetes Mellitus (GDM) | Vol.11, Issue.1 | 01-12-2017 |
| 6. | UGC Listed Journal | INDIAN JOURNAL OF AGRICULTURE AND ALLIED SCIENCES | 2455-9709 | A CRITICAL REVIEW ON STHANIK CHIKITSA IN STREE ROGA | Vol.3, Issue 4, | 31-12-2017 |

3. Chapter in Books-

1. Chapter “**CONGENITAL ANOMALIES OF THE MÜLLERIAN SYSTEM**” published in book “Recent Advances & Future Prospects of Srotas Sharir” in April 2017, p 204-206.

ISBN: 978-81-7637-392-0

Publishers: Chaukhambha Orientalia, Varanasi

2. Chapter “**Traditional Medicine to Modern Pharmacogenomics: A Relation between Ayurved and Modern Medicine on the Molecular Basis**” published in book “Role of Basic Sciences in Translational Research in Ayurvedic Medicine” in Ayurvedic Medicine” in Year 2017, p 83-88.

ISBN: 978-81-926935-7-6

Publishers: Mahima Publications, Varanasi

3. Chapter “**A Review on Asrigdara in Perspective of Artavavaha Srotas**” published in book “Role of Basic Sciences to Develop Diagnostic Tools for Srotodushti Purvarupa (Prodromal Symptoms) of Metabolic Disorders” in April 2018. p 214-218.

ISBN: 978-81-7637-039-4

Publishers: Chaukhambha Orientalia, Varanasi

4. Chapter “**A Critical Review on Sthanik Chikitsa in Stree Roga**” published in book “Role of Basic Sciences in Translational Research in Ayurvedic Medicine” in Ayurvedic Medicine” in Year 2017, p 95-99

ISBN: 978-81-926935-7-6

Publishers: Mahima Publications, Varanasi

5. Chapter “**Unknown Disease (Anukta) : A Conceptual Review In Ayurveda**” published in book “Role of Basic Sciences to Develop Diagnostic Tools for Srotodushti Purvarupa (Prodromal Symptoms) of Metabolic Disorders” in April 2018. p 803-805.

ISBN: 978-81-7637-039-4

Publishers: Chaukhambha Orientalia, Varanasi

Conferences/ Seminars /workshop/ CME attended

- 10 Paper presented in various National Seminars and 3 Papers presented in International Seminars.
- More than 5 workshops attended.
- 1 CME attended based on Women Health at Banaras Hindu University.
- Participated in the 7th World Ayurveda Conferences at Kolkata.
- Participated in the collective Practice in Common Yoga Protocol on International Yoga Day at Banaras Hindu University.

I solemnly declare that, the above information is factually correct to the best of my knowledge.

Date: 6 January, 2020

Place: IMS, BHU, Varanasi

Dr. Preeti Chouhan