

### 39. 6 - Months Certificate Course in Bhoot-Vidya Vigyan (Psychosomatic disorders)

Course code-068

Qualification-Graduate in BAMS, MBBS, BHMS, BUMS, BSSM and B.Sc. Nursing

Location-Faculty of Ayurveda, Institute of Sciences

Number of seats-Max.07

Fee- Rs. 50,000/- + Regular Fee

**Syllabus as approved by Academic Council held on 10<sup>th</sup> June, 2019**

#### **Syllabus**

Name of the course: -	Certificate course in Bhutavidya Vigyan
Duration:	6 Months-(120 hrs)
Nature of Course:	Special course
Admissions	It will be made through all India advertisement through BHU website
Eligibility:	Graduate (UG) in Ayurveda and other AYUSH subjects, MBBS, BSc Nursing
Number of Seats:	5
Admission time:	September of each year
Fee:	Rs 50,000/ for 6 month certificate course.
Mode of teaching:	Both online and offline
Practical classes:	It will include bedside visit in hospitals, rural appointments and population survey
Examination	It will include Theory (70%) and Practical (30%) of total marks
Passing marks:	50% of total marks, separately in Theory and Practical
Course Coordinator:	Dean, Faculty of Ayurveda , IMS, BHU

#### **Paper -1**

1. Conceptual knowledge about Bhutavidya
2. Basic concepts of Tridosh, sapta dhatu, and mala in Ayurveda and its explanation in Science and modern medicine
3. Ritucharya, Dincharya, pathya-apdhyia in achar, vihar and food (compatible and Non compatible Diet and Shad-kriya-Kal for health promotion
4. Concept of Vyadhi-Kshmatwa, immunology, and psychosomatic control of physiology
5. Introduction to Integrative medicine in context of principles of Astang Ayurveda
6. Concept of Pragyaparad and disease etiology
7. Derivation, Definition and Synonyms of Bhutavidya.
8. Bhutavidya through ages –
9. Vaidic period .
10. Pauranika period.
11. Bhutavidya in different compendium and treaties of Ayurveda .
12. Common understanding of Bhutavidya in public.
13. The conclusive concept of Bhutavidya in Ayurveda
14. Understanding of the Bhuta ,Graha and Manas.

15. The similarities and dissimilarities of Bhutvidya with different contemporary sciences like Manas-Roga ,Graha-Chikitsa and bacteriology etc.
16. Importance of Bhutavidya in daily life and clinical practice
17. Importance of Jyotish vigyan and Vastu Shastra in context of Bhoot Vigyan

### **Paper -2**

#### **Therapeutic aspect of Bhutavidya.**

1. Types of treatment.
2. Position of Bhutavidya in different types of treatment.
3. Different types and nature of Graha .
4. Concept and physiopathology of Upasarga .
5. Graha Pratishedhatmaka Upay-
  - a. Upasarga Pratishedhatmaka.
  - b. Chikitsshopaya.(treatmental methods)
6. Physiopathology of Bhuta ,their Upsarga ,Partishedh and Management
7. Physiopathology of Manas –
  - a. Pragyostambh
  - b. Physiopathology of Dhee, Dhriti and Smriti
  - c. The Eshana induced vikar and their pratishedh.
  - d. Kamaj manovikar and their management.
8. Balgraha –
  - a. Concept of Balagraha.
  - b. Physiopathology of Balagraha
  - c. Pratishedharmak upaya treatment and management.
9. History taking of patients