

## Foundation course for MBBS 2019-20 Batch IMS, B.H.U. Varanasi

Note: 75% attendance is mandatory and is prerequisite for MBBS course in Phase-I curriculum

Sr. No	Date	Day	09:00 AM-01:00 PM	01 PM-02 PM	02 PM-04 PM
1	1-Aug-19	Thu	<p><b>Inaugural Session (9am to 9.30 am)</b>                      Garlanding of bust of Mahamana Pt Madan Mohan Malviya ji                      Lighting of lamp                      Kulgeet                      Welcome of Guests</p> <ul style="list-style-type: none"> <li>• <b>Welcome of newly admitted MBBS students (9.40 am to 10.40 am)</b>                          Address by Respected Rector BHU                          Director IMS &amp; Dean, Faculty of Medicine, IMS</li> <li>• <b>Introduction about the Founder of the Banaras Hindu University (Padamshree Mahamana Malviya Ji) (10.40 am to 11.30 am)</b>                          Dr. Usha Tripathi, Asst Prof., Malviya Anusheelan Kendra, BHU</li> <li>• <b>Introduction about the founder of Institute of Medical Sciences, Prof. K. N. Udupa (11.30 am to 12.20 pm)</b>                          Prof. V. Bhattacharya, Ex HOD, Plastic Surgery</li> <li>• <b>Briefing about the new curriculum of MBBS (12.20 pm to 12.50 pm)</b>                          Prof. Ratan K. Srivastava ,Coordinator MEU</li> </ul>	Lunch	<ul style="list-style-type: none"> <li>• <b>Apron and doctors (2.00 pm to 2.40 pm)</b>                          Prof. S. K. Mathur, Medical superintendent, SS Hospital</li> <li>• <b>Oath taking ceremony (2.40pm to 3.30 pm)</b>                          Dean, Faculty of Medicine</li> <li>• <b>Interaction with HODs of Phase 1 (3 pm onwards : 10 minutes each department)</b>                           Dept of Anatomy                          Dept of Physiology                          Dept of Biochemistry                          Dept of Community Medicine</li> </ul>

2	2-Aug-19	Fri	<ul style="list-style-type: none"> <li>• <b>Opportunities of higher studies (MD/MS/super-specialization)</b> Dr. Dharmendra Jain, Cardiology (9 am to 10 am)</li> <li>• <b>Institute of Medical Sciences is Ragging free campus</b> Chairman, Anti Ragging Squad (10 am to 11 am)</li> <li>• <b>Hostel accommodation (Rule &amp; Regulations)</b> Hostel Coordinator- Institute of Medical Sciences (11 am to 12 pm)</li> <li>• <b>Facilities for students (Health, Library)</b> (12 pm to 1 pm) Student Advisor, Modern Medicine, Institute of Medical Sciences</li> </ul>	Lunch	<ul style="list-style-type: none"> <li>• <b>MBBS programme &amp; Examination</b> Dean, Faculty of Medicine (2 pm to 2.40 pm)</li> <li>• <b>Career pathways and personal growth</b> Prof. Madhu Jain, Obs&amp; Gyn (2.40 pm to 3.20 pm)</li> <li>• <b>Recreational &amp; Sports facilities in the campus</b> (3.20 pm to 4 pm) Dean of Students, BHU</li> </ul>
3	3-Aug-19	Sat	<p><b>Alternate Health system (Ayurveda) in the country &amp; History of Medicine</b> (9 am to 10 am) Prof. Anand Chaudhary, Ayurveda</p> <hr/> <p><b>Expectations of society from doctors (Panel Discussion)</b> (10 am to 11 am) Mr. Vijaya (NGO Varanasi), Prof. Rita Singh, CWSD Dept. <b>Moderator</b> Prof. Royana Singh</p> <hr/> <p><b>Expectations of patients from doctors (11am to 12pm)</b> Prof. Anjali Vajpeyee (Faculty of Education), Prof. Geeta Rai (Molecular Biology &amp; Genetics), People's representative <b>Moderator:</b> Prof. Vibha Tripathi (Faculty of Law)</p> <hr/> <p><b>Campus of Banaras Hindu University, Faculties (map)</b> Dr. More, Anatomy (12pm to 12.30 pm)</p> <hr/> <p><b>Safety and Security</b> Prof. Royana Singh (12.30 pm to 1pm)</p>	Lunch	<p><b>Roles and responsibility of doctors</b> Prof. K K Tripathi (2 pm to 2.30 pm)</p> <p><b>Gender sensitivity</b> (2.30 pm to 3.00 pm) Prof. Royana Singh</p> <p><b>Expectations of the Doctors from Society (panel Discussion)</b> (3 pm to 4 pm) Prof. Ashok Chaudhary, Paed Dr. Sanjeev Gupta, Surgery Dr. Sangeeta Rai, Obs &amp; Gyn</p> <p><b>Moderator:</b> Dr Manushi</p>

4	5-Aug-19	Mon	<p><b>History of Physiology ( 8 am to 8.45 am)</b> Prof. MB Mandal, HOD, Physiology</p> <p><b>History of Anatomy (8.45 am to 9.30 am)</b> Prof. C. Mohanty, HOD, Anatomy</p> <p><b>History of Biochemistry (9.30 am to 10.15 am)</b> Prof. Ragini Srivastava, HOD, Biochemistry</p> <p><b>History of Community Medicine (10.15 am to 11 am)</b> Prof. Sangeeta Kansal, HOD, Com. Med.</p> <p><b>Visit to Departments (11 am to 1 PM)</b> <b>Physiology: : Coordinating Department</b> Batch A : Anatomy Dept Batch B : Physiology Dept Batch C : Biochemistry Dept Batch D : Community Medicine Dept.</p>	Lunch	<p><b>Visit to Departments (2 pm to 4 PM)</b> <b>Anatomy: : Coordinating Department</b></p> <p>Batch B : Anatomy Dept Batch C : Physiology Dept Batch D : Biochemistry Dept Batch A : Community Medicine Dept.</p> <p><b>Distribution of students will be as follows:</b> Roll No. 1 to 25 Batch A Roll No 26 to 50 Batch B Roll No 51 to 75 Batch C Roll No 75 to 100 Batch D</p>
5	6-Aug-19	Tue	<p>8 am to 9 am Sports/ Yoga Prof. S. P. Mishra &amp; Prof. Royana Singh</p> <p><b>What can students expect from Institution, Society &amp; Nation ( 9 am to 10 am)</b> Dr. Sandhya Pandey (Yoga Advisor)</p> <p><b>University rules regarding examinations and attendance (10 am to 11 am)</b> Prof. Ratan K. Srivastava, Community Medicine</p>	Lunch	<p><b>Visit to Departments (2 pm to 4 PM)</b> <b>Physiology: : Coordinating Department</b></p> <p>Batch D : Anatomy Dept Batch A : Physiology Dept Batch B : Biochemistry Dept Batch C : Community Medicine Dept.</p>

			<b>Anatomy : Coordinating Department</b> <b>Visit to Departments(11 am to 1 PM)</b> <b>Coordination: Biochemistry</b> Batch C : Anatomy Dept Batch D : Physiology Dept Batch A : Biochemistry Dept Batch B : Community Medicine Dept.		
6	7-Aug-19	Wed	<b>Sports/ Yoga 8 am to 9 am</b> Prof. S. P. Mishra & Prof. Royana Singh <b>Health Care system and its delivery (9 am to 10 am)</b> Dr. Hari Shankar, Com. Med. <b>Healthy life style, proper sleep and mobile (10 am to 11 am)</b> Prof. Mona Srivastava Psychiatry <b>BLS (Basic Life Support) 11 am to 1 pm</b> Prof. S. K. Mathur, Anaesthesia	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B Computer and network fundamentals <b>Enhancement of Language (ILT2)</b> Batch C + D
7	8-Aug-19	Thu	<b>8 am to 9 am</b> Sports/ Yoga Prof. S. P. Mishra & Prof. Royana Singh <b>National Health Priorities &amp; Policies ( 9 am to 10 am)</b> Prof. C. P. Mishra, Com. Med. <b>Qualities of a Leader (10 am to 11 am)</b> Prof. U. P. Shahi, Radiotherapy <b>11 am to 1 pm</b> <b>BLS(Basic Life Support)</b> Prof. S. K. Mathur, Anaesthesia	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D Computer and network fundamentals <b>Enhancement of Language (ILT2)</b> Batch A + B
8	9-Aug-19	Fri	<b>8 am to 9 am Sports/ Yoga</b> Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B

			<p><b>Group work:</b>  <b>Principle of Team work &amp; Working in a health care team ( 9 am to 11 am)</b>  Convener: Prof. Usha Kiran Rai  Faculties: Prof. Shashi Srivastava &amp; Prof. Anandita Chakravarti</p>		<p><b>MS Word</b></p> <p><b>Enhancement of Language (ILT2)</b>  Batch C + D</p>
			<p><b>BLS(Basic Life Support) 11 to 1 pm</b></p> <p>Prof. S. K. Mathur, Anaesthesia</p>		
9	10-Aug-19	Sat	<p><b>Group Dynamics – interactive session (8 am to 9 am)</b>  Prof. Ratan K. Srivastava, Com. Med</p>	Lunch	<p><b>Computer Skill (Computer Centre, BHU)</b>  Batch C + D  MS Word</p> <p><b>Enhancement of Language (ILT2)</b>  Batch A + B</p>
			<p><b>Responsibility of a Leader (9 am to 10 am)</b>  Mr. Mayank Narayan Singh</p>		
			<p><b>Time Management (10 am to 11 am)</b>  Dr. Samir Kumar Singh, Physiology</p>		
			<p><b>Ability to communicate with patients and family and barriers to communication (11 pm to 12 pm)</b>  Prof. U. P. Shahi, Radiotherapy</p>		
			<p><b>Bio-hazard-&amp; Patient safety-I (12 pm to 1 pm)</b>  Dr. Kumar Sarvottam, Physiology</p>		
10	13-Aug-19	Tue	<p><b>Yoga/ Sports (8 am to 9 am)</b>  Prof. S. P. Mishra &amp; Prof. Royana Singh</p>	Lunch	<p><b>Computer Skill (Computer Centre, BHU)</b>  Batch A+B  MS Excel</p> <p><b>Enhancement of Language (ILT2)</b>  Batch C + D</p>
			<p><b>Academic Ambience (9 am to 10 am)</b>  Prof. Siddharth Lakhotia (Cardiology)</p>		
			<p><b>Concept of Self -Directed Learning (10 am to 11 am)</b>  Dr. R. S. More, Anatomy</p>		

			<b>Interpersonal Relationship (11am to 12am)</b> Discussion/ Group discussion/ SDL Prof. Sanjeev Kumar Singh, Physiology		
			<b>Bio-hazard-&amp; Patient safety-II (12 pm to 1 pm)</b> Dr. Kumar Sarvottam, Physiology		
11	14-Aug-19	Wed	<b>8 am to 9 am</b> Sports/ Yoga Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D MS Excel  <b>Enhancement of Language (ILT2)</b> Batch A + B
			<b>9 am to 1 pm</b> <b>Field visit of studnets</b> Batch A & B (Visit to Tikari Community Health Centre) Batch C & D (SS Hospital)		
12	15-Aug-19	Thu	<b>10am to 11 am</b> Flag Hoisting <b>At Institute of Medical Sciences</b>  <b>11am to 1 pm</b> Flag Hoisting at Hostel	Lunch	<b>Film on Mahamana Ji Made by Journalism Dept., Banaras Hindu University ( 2 to 4 pm)</b>
13	16-Aug-19	Fri	Sports/ Yoga ( <b>8 am to 9 am</b> ) Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B MS Powerpoint  <b>Enhancement of Language (ILT2)</b> Batch C + D
			<b>9 am to 1 pm</b> <b>Field visit of students</b> Batch C & D (Visit to Tikari Community Health Centre) Batch A & B (SS Hospital)		
14	17-Aug-19	Sat	Sports/ Yoga ( <b>8 am to 9 am</b> ) Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D <b>MS Powerpoint</b>  <b>Enhancement of Language (ILT2)</b> Batch A + B
			<b>9 am to 10 am</b> <b>Use of Colloquial (local) language in patient and peer interactions</b> Prof. K. K. Gupta, Medicine		
			<b>Principals of Family Practice (10 to 11 am)</b> Dr. A. K. Joshi, Sociology,		
			<b>Professional Behaviour and Altruistic behaviour (11am to 12 pm)</b> Convener: Dr V. M. Gupta, Former Prof. Community Meidicne Speaker; Dr. Manushi Srivastava		

			<b>Immunization requirements of health care professionals (12 am to 1 pm)</b> Prof. Gopal Nath, Microbiology		
15	19-Aug-19	Mon	<b>Sports/ Yoga (8 am to 9 am)</b> Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B MS Access  <b>Enhancement of Language (ILT2)</b> Batch C + D
			<b>Emotional Intelligence (9 am to 10 am)</b> Dr. Purmima Awasthi, Psychology		
			<b>Statistical Consideration in Medical Education (10 to 11 am)</b> Dr. G. P. Singh, Statistics		
			<b>Documentation: need and importance (11 to 12 pm)</b> Dr. Alok Kumar, Statistics		
			<b>Cultural Competencies (12 pm to 1 pm)</b> Dr. Manushi Srivastava		
16	20-Aug-19	Tue	<b>Sports/ Yoga (8 am to 9 am)</b> Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D MS Access  <b>Enhancement of Language (ILT2)</b> Batch A + B
			<b>Stress Management (9 am to 10 am)</b> Prof. Mona Srivastava, Psychiatry		
			<b>Panel Discussion on Stress management (10 am to 1 PM)</b> Convenor: Prof. Mona Srivastava, Psychiatry (Facilitator)		
17	21-Aug-19	Wed	<b>8 am to 9 am Sports/ Yoga</b> Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B Fundamentals of Computer Programming  <b>Enhancement of Language (ILT2)</b> Batch C + D
			<b>Medical Ethics &amp; Professionalism (9 am to 10 am)</b> Prof. V. M. Gupta, Member IEC, IMS, BHU		
			<b>First Aids in a simulated environment (10am to 11 am)</b> Dr. Bikram Gupta, Anaesthesia		

			<b>Hobby (Photography etc) Batch –B (11 am to 1 pm)</b> Dr. Siddharth Lakhotia, Cardiology  <b>Self Defence (Batch A)</b> Prof. Royana Singh		
18	22-Aug-19	Thu	<b>Sports &amp; Yoga (8 am to 9 am)</b> Prof. S. P. Mishra & Prof. Royana Singh <b>The importance of managing pain (9 am to 10 am)</b> Dr. Nimisha Verma , Anaesthea <b>Doctors and Civil Societies Inter-phase: challenges and prospective (10am to 12 pm)</b> Prof. Ashok Kaul, Emeritus Professor, Banaras Hindu University	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D Fundamentals of Computer Programming  <b>Enhancement of Language (ILT2)</b> Batch A + B
19	23-Aug-19	Sat	<b>8 am to 9 am Sports/ Yoga</b> Prof. S. P. Mishra & Prof. Royana Singh <b>Universal Precaution from Infection. ( 9 am to 10 am)</b> Dr.Pradyot Prakash, Microbiology <b>Health is a human right (10 am to 11 am)</b> Dr. Arun Kumar/ Law dept Dr. Shailendra Gupta (11am to 1 pm)	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B Fundamentals of Computer Programming  <b>Enhancement of Language (ILT2)</b> Batch C + D
20	26-Aug-19	Mon	<b>Handling and safe disposal of biohazardous material in simulated environment. (8 am to 10 am)</b> Dr. Tuhina Banerjee, Microbiology <b>Use of Online Resources (10 am to 11 am)</b> Prof. Royana Singh, Anatomy <b>Hobby (11 am to 1 pm)</b> <b>(Photography etc) Batch –A</b> Dr. Lakhotia, Cardiology &	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D Fundamentals of Computer Programming  <b>Enhancement of Language (ILT2)</b> Batch A + B



			<b>Self Defense ( Batch B)</b> Prof. Royana Singh		
21	27-Aug-19	Tue	Sports/ Yoga (8 am to 9 am) Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B Web Design basic  <b>Enhancement of Language (ILT2)</b> Batch C + D
			<b>Community Based Learning (9 am to 10 am)</b> Dr. Manushi Srivastava, Comm. Med.		
			<b>Disease causation; modern thinking (10 am to 12 pm)</b> Dr. V. M. Gupta, Former Professor, community Medicine		
			<b>Concept of Learning (12 pm to 1 pm)</b> Dr. Poonam Singh Kharwar & Dr. Seema Singh, Faculty of Education		
22	28-Aug-19	Wed	Sports & Yoga (8 to 9 am) Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D Web Design basic  <b>Enhancement of Language (ILT2)</b> Batch A + B
			<b>Group Dynamics: How to work in Team (9 to 10 am)</b> Prof. Ratan K. Srivastava, Com. Med.		
			<b>Hobby (10 am to 1 pm)</b> <b>(Painting/ Music) Batch-B &amp; Health Card Batch- A</b>		
23	29-Aug-19	Thu	Sports & Yoga (8 to 9 am) Prof. S. P. Mishra & Prof. Royana Singh	Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch A+B Web Design basic  <b>Enhancement of Language (ILT2)</b> Batch C + D
			<b>Scope of innovation: Hands on Training by DIC Centre Designing and innovation (9 am to 12 pm)</b> Prof. Manish Arora, Coordinator, DIC Centre & Team members		
			<b>Understanding the role of Mentoring (12pm to 1 pm)</b> Dr. Ratan K. Srivastava, Community Medicine		
24	30-Aug-19	Fri		Lunch	<b>Computer Skill (Computer Centre, BHU)</b> Batch C + D
			<b>(9 am to 10 am)</b> <b>How to manage Needle stick injury (Demonstration)</b>		

			<b>Dr. Tuhina Banerji, Microbiology</b>		<b>Enhancement of Language (ILT2)</b> Batch A + B Web Design basic
			<b>Hobby (Painting/ Music) Batch-A (10am to 1 pm) &amp; Health Card Batch- B</b>		
<b>25</b>	<b>31-Aug-19</b>	<b>Sat</b>	<b>(8 am to 9 am)</b> <b>Introduction to several Life threatening emergencies</b> <b>Dr. Bikram Gupta, Anaesthesia</b>  <b>Life management skill (9 am to 11 am)</b> <b>Dr. Sanjay Saxena, School of Management Sciences</b>  <b>Universal Precautions and safety (11 am to 12 pm)</b> <b>Dr. Pradyot Prakash. Microbiology</b>  <b>Hand washing &amp; its importance (11am to 12pm)</b> <b>Dr. Ravi Shankar, Com. Med.</b>	<b>Lunch</b>	<b>2 pm to 4 pm</b>  <b>Reflections</b>
<b>Note:</b> There will be separate schedule for the distribution of batches and their rotation to different departments/ agencies. It will be displayed on the concerned department notice boards.					

Orientation	31 hours	<b>Skill Modules</b>	25 hours
Enhancement of Language/ Computer Skills	39 hours	Professional Development including ethics	35 hours
Sports / Yoga / Extracurricular Activites	22 hours	Field Visit to community health centre	8 hours
	5 Hours		Total 165 hours