National Webinar Series On
“Science Behind Suwarnaparashana”
28/09/20
EMINENT SPEAKERS

Prof. Shailaja .U.
HOD Kaumarabhrittya
SDMCA & H, Hassan, Karnataka

Dr. P. P. Vyas
Head & Associate Professor
Dept. Of Bal Roga, DSRR Ayurveda
University, Jodpur, Rajasthan

Prof. Anand Chaudhary
HOD Rasashastra & Bhaishajya Kalpana
FoAy, IMS, BHU, Varanasi, UP

Prof. B M Singh
HOD of Kaumarabhrittya
FoAy, IMS, BHU

Dr. P S Upadhay
Assistant Professor
Dept. of Kaumarabhrittya
FoAy, IMS, BHU

Dr. Kalpana Patni
Assistant Professor
Dept. of Kaumarabhrittya
FoAy, IMS, BHU

Dr. Ravi Shankar Khatri
Assistant Professor
Dept. of Kaumarbhrittya
FoAy, IMS, BHU
Inaugural Session

29th Aug 2023 Time: 2 pm to 3:30 pm

- Lecture: "Science of Ayurveda" by Dr. Harshwardhan Dixit
- Welcome address by Prof. V.K. Singh
- Welcome address by Dr. Kalpana Patel
- Presentation by Dr. R.K. Jha, Director, IMS BHU
- Presentation by Dr. J.R. Gaur, Former VC of Banaras Hindu University, Dept. of Precaution, Banaras Hindu University
- Presentation by Dr. P.K. Sinha, Dean, Faculty of Ayurveda, IMS BHU
- Presentation by Dr. K. K. Sinha, Honorary Consultant, Uttar Pradesh Ayurvedic University
- Vote of Thanks by Dr. P.S. Ladhakur

Scientific Sessions 1

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<th>Session</th>
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<tr>
<td>1</td>
<td>Role of Swarna Bhasma in Immunomodulation in Children</td>
<td>Prof. Shailja Rao</td>
<td>3:45 pm to 5:00 pm</td>
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Scientific Sessions 2

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<tbody>
<tr>
<td>1</td>
<td>Bird's Eye View on Swarna Bhasma</td>
<td>Dr. P.P. Vyas</td>
<td>3:45 pm to 5:00 pm</td>
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Scientific Sessions 3

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<tbody>
<tr>
<td>1</td>
<td>Pharmaceutical Profile of Swarna Bhasma for its Therapeutic Applications in Pediatrics</td>
<td>Prof. S.K. Chaudhary</td>
<td>3:00 pm to 4:00 pm</td>
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<td>2</td>
<td>Management of Swarna Bhasma with respect to Swarna Bhasma</td>
<td>Prof. B.M. Singh</td>
<td>4:00 pm to 5:00 pm</td>
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Scientific Sessions 4

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<tr>
<td>1</td>
<td>Different Kinds of Swarna Bhasma</td>
<td>Dr. Rakesh Shankar Khatri</td>
<td>4:15 pm to 5:15 pm</td>
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<tr>
<td>2</td>
<td>Relevance of Guduchi and Madhuca in Swarna Bhasma</td>
<td>Dr. P.P. Upadhyay</td>
<td>4:30 pm to 5:30 pm</td>
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<td>3</td>
<td>Role of Herbal Drug in Swarna Bhasma</td>
<td>Dr. Kalpana Patel</td>
<td>4:45 pm to 5:30 pm</td>
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Parlel Discussion

Abstract & Full PPT are invited for paper presentation on the given theme from PG Scholars of Ayurveda. Seven minutes will be given for paper presentation of the selected paper. PPTs should be sent before or on 31st July to the following email address: bhishosp@gmail.com
Achievements of the Department: The Department has introduced two self-financing PG diploma courses i.e. PGDNCC (AY) and D. Ch. (AY), for medical graduates and a certificate course on Bal-Panchakarma Attendant for the 102 standard students.

Future plans of the Department: To maintain the IIHM level Shastri Panchkarma Van (NICU) with additional facilities of ABG analyzer and X-ray for providing critical care to all babies. To develop Rehabilitation centre with different technique and procedures for early diagnosis and management of neurologically compromised children and to make national use of herbal medicines in children based on research, introduction of new superspecialization course as DM (AY), in Bal-Nirman and DM (Ay), in Shatika Pigram, has been passed from PC and after getting permission from competent authority super specialization courses shall be introduced in the Department.

About Workshop: Svamamrutha Samshatra is an ancient technique to modulate the immunity and improve quality of life. It is mentioned under Janmastra Svasthavrut (minimal care), one of the 5 essential Samshatra described in Ayurveda. The body's capacity to check the disease as well as lowering down the intensity is known as Prasiddha Panchkarma (immunity). Administration of a small amount of gold (in Bhasma form) along with Churna and honey to an infant fulfills the first motive of Ayurveda as preventive measure (Swasthavrut Samshtra Panchkarma) by modulating the immunity and enhancing intellectual performance. Prevention of disease by boosting the immunity has always been the most important point of discussion in medical history. It is a unique method of immunization, which is practiced from ancient time, valued as child health care program, which was for the healthy nation.

From centuries Svamamrutha (incinerated gold) is used in a medicine in the Indian traditional system of medicine. Numerous of its properties were mentioned in the classical texts of Ayurveda like immunology, immunomodulation, aging delays, memory booster etc. Svamamrutha is used as a chief ingredient in Svamamrutha Van (NICU) and children. This pavil is advocated in the classical texts of Ayurveda that Svamamrutha acts as mindway (immunomodulation) and increases Dhi (memory) in infants and children.

Benefits of Svamamrutha: As per Thekshana Samhita, Svamamrutha helps in: Medium Varsham (immunization of intelligence), Agna Varsham (improvement in digestion), Rasa Varsham (improvement in strength and immunity), Ablha Varsham (improvement in mental food), Mangalya Pramaa (immunization), Grahana (absence of fear). By administering Svamamrutha to child for one month, has been proven that Svamamrutha increases Medium (supper intelligent) and by administering for up to six months, patient becomes Shattva (healthy).

Objective:

- The purpose of webinar is to enhance the knowledge of the medical students, i.e. PGDNCC (AY), D. Ch. (AY). Residents, young faculty members and practitioners about the different aspects of Svamamrutha Bhasma preparation, benefits, pharmacological action of different components of Svamamrutha, its role in boosting immunity and intelligence.
- Benefits to Participants: The participants shall be able to understand the mode of action, clinical usage, its role in improving immunity and intelligence by the scientific data obtained so far by direct interaction with experts.